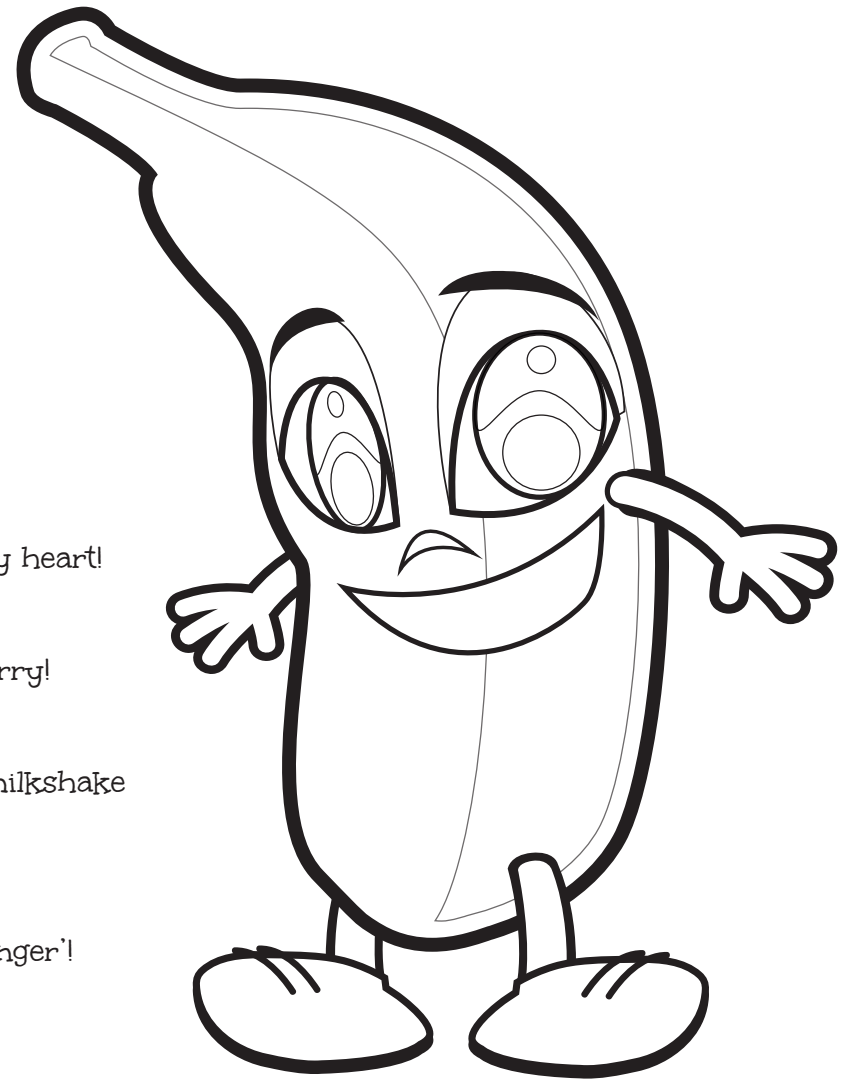




# Fun Food Facts!

- a** Bananas are rich in potassium, which is very good for a healthy heart!
- b** Bananas do not grow on trees, they are actually classed as a berry!
- c** Eating bananas helps your body absorb Calcium, so a banana milkshake would be very tasty and good for big strong bones.
- d** A bunch of bananas is called a 'hand', and a single banana, a 'finger'!



# Benji

[www.fuelzoneprimary.co.uk](http://www.fuelzoneprimary.co.uk)